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Big Book of Cycling for Beginners Big Blue Book of Bicycle Repair
Cycling for Sustainable Cities Strong Towns On Bicycles Urban
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Bikenomics Cyclescapes of the Unequal City Need for the Bike
Cargo Bike Nation Making a Place for Bikes Bicycle / Race
Epic Bike Rides of the Americas The City at Eye Level

Pedal Portland celebrates the city's passion for pedaling in an accessible, fun, and family-friendly way. It features 25 easy rides that explore the most interesting parts of the city, from north to northwest to northeast, southwest to southeast, and the surrounding areas, like Beaverton and Vancouver. Each ride is accessible to anyone with a bike--including kids. The rides range from eight to twelve miles and many can be shortened by taking advantage of the city's bike-friendly public transportation. Each route features a scavenger hunt that highlights the quirky and

interesting sites along the way and includes tips on where to eat, drink, and stop to appreciate the view. Pete Jordan, author of the wildly popular Dishwasher: One Man's Quest to Wash Dishes in All Fifty States, is back with a memoir that tells the story of his love affair with Amsterdam, the city of bikes, all the while unfolding an unknown history of the city's cycling, from the craze of the 1890s, through the Nazi occupation, to the bike-centric culture adored by the world today Pete never planned to stay long in Amsterdam, just a semester. But he guickly falls in love with the city and soon his wife, Amy Joy, joins him. Together they explore every inch of their new home on two wheels, their rides a respite from the struggles that come with starting a new life in a new country. Weaving together personal anecdotes and details of the role that cycling has played throughout Dutch history, Pete Jordan's In the City of Bikes: The Story of the Amsterdam Cyclist is a poignant and entertaining read. The ultimate cargo bike photography book featuring 725 photos of the integral role the cargo bike plays in modern, urban living. Most photos are from Copenhagen, Denmark, but there are also photos from 33 other cities on every continent. From urban family living to goods transport and municipal services, Cargo Bike Nation is a complete photography guide to how cargo bikes fit into our cities and solve transport issues. There are 40,000 cargo bikes in Copenhagen alone, but cargo bikes are a rising star on the urbanist landscape, with many more appearing in cities around the world daily. The chapters highlight the different ways cargo bikes are used in cities. Families, small goods delivery, postal services, riding around with friends and municipal services are some of the categories. The book is a collection of street photography by Mikael Colville-Andersen - urban mobility expert and CEO of Copenhagenize Design Co. and known as Denmark's bicycle ambassador. Some places around the world are very friendly for bicycles and their riders. Read on to learn about ways that cities make their roaders safer for cyclists as well as some of the many

reasons why biking is terrific for you and your community. Over recent decades, bicycling has received renewed interest as a means of improving transportation through crowded cities, improving personal health, and reducing environmental impacts associated with travel. Much of the discussion surrounding cycling has focused on bicycle facility design—how to best repurpose road infrastructure to accommodate bicycling. While part of the discussion has touched on culture, such as how to make bicycling a larger part of daily life, city design and planning have been sorely missing from consideration. Whilst interdisciplinary in its scope, this book takes a primarily planning approach to examining active transportation, and especially bicycling, in urban areas. The volume examines the land use aspects of the city—not just the streetscape. Illustrated using a range of case studies from the USA, Canada, and Australia, the volume provides a comprehensive overview of key topics of concern around cycling in the city including: imagining the future of bicycle-friendly cities; integrating bicycling into urban planning and design; the effects of bike use on health and environment; policies for developing bicycle infrastructure and programs; best practices in bicycle facility design and implementation; advances in technology, and economic contributions. Subways and yellow taxis may be the icons of New York transportation, but it is the bicycle that has the longest claim to New York's streets: two hundred years and counting. Never has it taken to the streets without controversy: 1819 was the year of the city's first bicycle and also its first bicycle ban. Debates around the bicycle's place in city life have been so persistent not just because of its many uses—recreation, sport, transportation, business—but because of changing conceptions of who cyclists are. In On Bicycles, Evan Friss traces the colorful and fraught history of cycling in New York City. He uncovers the bicycle's place in the city over time, showing how it has served as a mirror of the city's changing social, economic, infrastructural, and cultural politics since it first

appeared. It has been central, as when horse-drawn carriages shared the road with bicycle lanes in the 1890s; peripheral, when Robert Moses's car-centric vision made room for bicycles only as recreation; and aggressively marginalized, when Ed Koch's battle against bike messengers culminated in the short-lived 1987 Midtown Bike Ban. On Bicycles illuminates how the city as we know it today—veined with over a thousand miles of bicycle lanes—reflects a fitful journey powered, and opposed, by New York City's people and its politics. When little Etta the Elephant goes to her Aunt Ellen's house, she takes a journey through bicycle-filled Cycle City, a town filled with bikes of all kinds! At the end of the day, a special surprise awaits Etta—the most amazing bicycle parade imaginable. Detail-rich illustrations in this fun seek-and-find book paint the colors of this unusual town where everyone rides some kind of bike—whether a pennyfarthing, a two-wheeled unicycle, or a conference bike, everyone is on wheels! Packed with prompts and lots to see on every page, this is a sweet story for the sharpest of eyes. A guide to today's urban cycling renaissance, with information on cycling's health benefits, safety, bikes and bike equipment, bike lanes, bike sharing, and other topics. Bicycling in cities is booming, for many reasons: health and environmental benefits, time and cost savings, more and better bike lanes and paths, innovative bike sharing programs, and the sheer fun of riding. City Cycling offers a guide to this urban cycling renaissance, with the goal of promoting cycling as sustainable urban transportation available to everyone. It reports on cycling trends and policies in cities in North America, Europe, and Australia, and offers information on such topics as cycling safety, cycling infrastructure provisions including bikeways and bike parking, the wide range of bike designs and bike equipment, integration of cycling with public transportation, and promoting cycling for women and children. City Cycling emphasizes that bicycling should not be limited to those who are highly trained, extremely fit, and daring enough to

battle traffic on busy roads. The chapters describe ways to make city cycling feasible, convenient, and safe for commutes to work and school, shopping trips, visits, and other daily transportation needs. The book also offers detailed examinations and illustrations of cycling conditions in different urban environments: small cities (including Davis, California, and Delft, the Netherlands), large cities (including Sydney, Chicago, Toronto and Berlin), and "megacities" (London, New York, Paris, and Tokyo). These chapters offer a closer look at how cities both with and without historical cycling cultures have developed cycling programs over time. The book makes clear that successful promotion of city cycling depends on coordinating infrastructure, programs, and government policies. "A wonderfully sane, downto-earth, and frequently funny guide to riding, maintaining, fixing and enjoying your bicycle." Dave Eggers, New York Times Book Review Winner Silver Medal 2013 Independent Publisher Book Awards In the same way that Michael Pollan's slim bestseller Food Rules brought a gust of common sense to the everyday activity of eating, Just Ride is a revelation. Forget the ultralight, uncomfortable bikes, flashy jerseys, clunky shoes that clip onto tiny pedals, the grinding out of endless miles. Instead, ride like you did when you were a kid—just get on your bike and discover the pure joy of riding it. A reformed racer who's commuted by bike every day since 1980, whose writings and opinions appear in major bicycling and outdoor magazines, and whose company, Rivendell Bicycle Works, makes bikes for riders ready to opt out of a culture overrun by racing, Grant Petersen shares a lifetime of unexpected facts, controversial opinions, expert techniques, and his own maverick philosophy. In 87 short, two-to-three page chapters, it covers: • Riding: Count Days, Not Miles; Corner Like Jackie Robinson; Steer with Your Hips, Shift with Your Legs • Suiting Up: The Shoes Ruse; Ponchos—the Ultimate Unracer's Garment • Safety: #1 Rule—Be Seen; Helmets Aren't All They're Cracked Up to Be • Health and Fitness: Why Riding Is Lousy AllAround Exercise: Saddles Don't Cause Impotence: Drink When You're Thirsty—Not Before Also includes chapters on Accessories, Upkeep, and Technicalities as well as a final chapter titled "Velosophy" that includes the essential, memorable thought: Your Bike Is a Toy—Have Fun with It. Once the quaint province of European cities such as Amsterdam, daily cycling is currently exploding in North American cities. People ride folding bikes to the train, slip through traf?c on tricked-out ?xed-gears, and carry children and groceries on their utility bikes. Commuters are giving up their cars Monday through Friday, bike lanes and bike parking are sprouting up all over, and Talking Head David Byrne has designed arty bike racks for various New York City neighborhoods. It's healthy for riders and clean for the environment, but is it fun? Amy Walker, who has been at the forefront of the urban cycling trend, knows that the answer is ves. She presents stories by a diverse group of cycling enthusiasts and activists that, accompanied by the illustrations of bike culture artist Matt Fleming, show readers why. They say you never forget how to ride a bike; this collection helps us remember why we ride. Cycling rules the road in Amsterdam today, but that wasn't always the case. In the 1970's, Amsterdam was so crowded with vehicles that bicyclists could hardly move, but moms and kids relied on their bicycles to get around the city. PEDAL POWER is the story of the people who led protests against the unsafe streets and took over a vehicles-only tunnel on their bikes, showing what a little pedal power could do! Author and illustrator Allan Drummond returns with the story of the people that paved the way for safe biking around the world. "A study of the U.S. bicycle transportation movement against a backdrop of racism and history in Los Angeles and Washington, DC"-- Urban designer Mikael Colville-Andersen draws from his experience working for dozens of cities around the world on bicycle planning, strategy, infrastructure design, and communication. In Copenhagenize he shows cities how to effectively and profitably re-establish the

bicycle as a respected, accepted, and feasible form of transportation. Building on his popular blog of the same name, Copenhagenize offers entertaining stories, vivid project descriptions, and best practices, alongside beautiful and informative visuals to show how to make the bicycle an easy, preferred part of everyday urban life. As Evan Friss shows in his mordant history of urban bicycling in the late nineteenth century, the bicycle has long told us much about cities and their residents. In a time when American cities were chaotic, polluted, and socially and culturally impenetrable, the bicycle inspired a vision of an improved city in which pollution was negligible, transport was noiseless and rapid, leisure spaces were democratic, and the divisions between city and country blurred. Friss focuses not on the technology of the bicycle but on the urbanisms that bicycling engendered. Bicycles altered the look and feel of cities and their streets, enhanced mobility, fueled leisure and recreation, promoted good health, and shrank urban spaces as part of a larger transformation that altered the city and the lives of its inhabitants, even as the bicycle's own popularity fell, not to rise again for a century. --Publisher's description. From a bike rack to the world's most glamorous cycling shop, Velo Architecture shows how our cities are being transformed by a new wave of bikerelated design. . From racetracks to commuter paths and from bike sharing to bridges, this comprehensive survey details every aspect of this brave new cycling world. With an introductory essay that considers the history and future of cycling and packed with numerous color illustrations, this book is perfect for design enthusiasts and cyclists alike. "Cities are the future of the human race, and Jeff Speck knows how to make them work." —David Owen, staff writer at the New Yorker Nearly every US city would like to be more walkable—for reasons of health, wealth, and the environment—yet few are taking the proper steps to get there. The goals are often clear, but the path is seldom easy. Jeff Speck's follow-up to his bestselling Walkable City is the resource

that cities and citizens need to usher in an era of renewed street life. Walkable City Rules is a doer's guide to making change in cities, and making it now. The 101 rules are practical yet engaging—worded for arguments at the planning commission, illustrated for clarity, and packed with specifications as well as data. For ease of use, the rules are grouped into 19 chapters that cover everything from selling walkability, to getting the parking right, escaping automobilism, making comfortable spaces and interesting places, and doing it now! Walkable City was written to inspire; Walkable City Rules was written to enable. It is the most comprehensive tool available for bringing the latest and most effective city-planning practices to bear in your community. The content and presentation make it a force multiplier for placemakers and change-makers everywhere. Discover 200 of North, Central and South America's best and most celebrated cycling routes, from epic adventures off the beaten track to shorter urban rides. Go bikepacking in Baja, road riding in Colombia, mountain biking in Canada and gravel riding in Pennsylvania. "...an engaging book: part diary, part manifesto." The Guardian A round-the-world bicycle tour with one of the most original artists of our day. Urban bicycling has become more popular than ever as recession-strapped, climate-conscious city dwellers reinvent basic transportation. In this wide-ranging memoir, artist/musician and co-founder of Talking Heads David Byrne--who has relied on a bike to get around New York City since the early 1980s--relates his adventures as he pedals through and engages with some of the world's major cities. From Buenos Aires to Berlin, he meets a range of people both famous and ordinary, shares his thoughts on art, fashion, music, globalization, and the ways that many places are becoming more bike-friendly. Bicycle Diaries is an adventure on two wheels conveyed with humor, curiosity, and humanity. NACTO's Urban Bikeway Design Guide guickly emerged as the preeminent resource for designing safe, protected bikeways in cities across the United States. It has been completely redesigned with an even more accessible layout. The Guide offers updated graphic profiles for all of its bicycle facilities, a subsection on bicycle boulevard planning and design, and a survey of materials used for green color in bikeways. The Guide continues to build upon the fast-changing state of the practice at the local level. It responds to and accelerates innovative street design and practice around the nation. Bikenomics provides a surprising and compelling new perspective on the way we get around and on how we spend our money, as families and as a society. The book starts with a look at Americans' real transportation costs, and moves on to examine the current civic costs of our transportation system. Blue tells the stories of people, businesses, organizations, and cities who are investing in twowheeled transportation. The multifaceted North American bicycle movement is revealed, with its contradictions, challenges, successes, and visions. • Fresh approach that every beginning bicycle commuter needs to get started with confidence • Illustrations throughout help explain cycle safety, route planning, etiquette, maintenance, and more • Author is a family cycling advocate Bicycle commuting is growing by leaps and bounds, especially among women. For many prospective bike commuters, simply seeing a bicyclist cruise past their car or bus while stuck in heavy traffic is enough to inspire a change. But many novice bike commuters crave a manual. The largest percentage of wouldbe bicycle commuters falls in the "Interested But Concerned" category—they have questions about rules of the road, fears about traffic, or uncertainty about how to get started. Urban Cycling is the easy-to-navigate resource that answers it all! Author, advocate, and urban-cycler extraordinaire Madi Carlson provides accessible and appealing guidance, giving even the most hesitant bicyclist all the tools she needs to join the cycling community. Carlson details everything from choosing a bike and gear accessories to safe riding techniques, city cycling infrastructure to route planning, and multi-modal commuting to

basic maintenance. She also discusses legal issues around urban biking and commuting with children. Illustrations and diagrams of various bicycle facilities and traffic situations help show readers what is expected in each, while photographs demonstrate gear essentials and riding techniques. Tips, personal anecdotes, and profiles of bike commuters and cycling organizations from around the country provide additional advice and inspiration. Although rarely explored in academic literature, most inhabitants and visitors interact with an urban landscape on a day-to-day basis is on the street level. Storefronts, first floor apartments, and sidewalks are the most immediate and common experience of a city. These "plinths" are the ground floors that negotiate between inside and outside, the public and private spheres. The City at Eye Level qualitatively evaluates plinths by exploring specific examples from all over the world. Over twenty-five experts investigate the design, land use, and road and foot traffic in rigorously researched essays, case studies, and interviews. These pieces are supplemented by over two hundred beautiful color images and engage not only with issues in design, but also the concerns of urban communities. The editors have put together a comprehensive guide for anyone concerned with improving or building plinths, including planners, building owners, property and shop managers, designers, and architects. The number of bicyclists is increasing in the United States, especially among the working class and people of color. In contrast to the demographics of bicyclists in the United States, advocacy for bicycling has focused mainly on the interests of white upwardly mobile bicyclists, leading to neighborhood conflicts and accusations of racist planning. In Bike Lanes Are White Lanes, scholar Melody L. Hoffmann argues that the bicycle has varied cultural meaning as a "rolling signifier." That is, the bicycle's meaning changes in different spaces, with different people, and in different cultures. The rolling signification of the bicycle contributes to building community, influences gentrifying urban

planning, and upholds systemic race and class barriers. In this study of three prominent U.S. cities-Milwaukee, Portland, and Minneapolis—Hoffmann examines how the burgeoning popularity of urban bicycling is trailed by systemic issues of racism, classism, and displacement. From a pro-cycling perspective, Bike Lanes Are White Lanes highlights many problematic aspects of urban bicycling culture and its advocacy as well as positive examples of people trying earnestly to bring their community together through bicycling. The BBB-4 Big Blue Book of Bicycle Repair by Calvin Jones is packed with easy-to-follow, step-by-step procedures, color photos and repair tips for keeping almost any road or off-road bike running smoothly and trouble-free. Whether it's repairing a flat tire, adjusting brakes and shifting systems, truing wheels, or maintaining hub, headset and bottom bracket bearing systems, the BBB-4 has you covered. Thoroughly researched and revised, the 4th edition of the Big Blue Book contains updated photos, torque specifications and troubleshooting tables, along with new content on wheel building, electronic shifting, 12-speed and 1X drivetrains, tubeless tires, disc brakes, headset and bottom bracket standards, and more. Truly an indispensable tool and reference source for both the novice and advanced bicycle mechanic. Peter Walker—reporter at the Guardian and curator of its popular bike blog—shows how the future of humanity depends on the bicycle. Car culture has ensnared much of the world—and it's no wonder. Convenience and comfort (as well as some clever lobbying) have made the car the transportation method of choice for generations. But as the world evolves, the high cost of the automobile is made clearer—with its dramatic effects on pollution, the way it cuts people off from their communities, and the alarming rate at which people are injured and killed in crashes. Walker argues that the simplest way to tackle many of these problems at once is with one of humankind's most perfect inventions—the bicycle. In How Cycling Can Save the World, Walker takes readers on a tour of

cities like Copenhagen and Utrecht, where everyday cycling has taken root, demonstrating cycling's proven effect on reducing smog and obesity, and improving quality of life and mental health. Interviews with public figures—such as Janette Sadik-Khan, who led the charge to create more pedestrian- and cyclist- friendly infrastructure in New York City-provide case studies on how it can be done, and prove that you can make a big change with just a few cycling lanes and a paradigm shift. Meticulously researched and incredibly inspiring, How Cycling Can Save the World delivers on its lofty promise and leads readers to the realization that cycling could not only save the world, but have a lasting and positive impact on their own lives. The bicycle is fast becoming a ubiquitous form of transportation in cities all over the world, making our urban spaces more efficient, more livable and healthier. But many of those bicycles disappear into basements and garages when the warm months end, parked there by owners fearful of the cold, snow and ice that winter brings. But does it have to be that way? Canadian writer and journalist Tom Babin started questioning this dogma after being stuck in winter commuter traffic one dreary and cold December morning and dreaming about the happiness that bicycle commuting had brought him all summer long. So he did something about it. He pulled on some thermal underwear, dragged his bike down from the rafters of his garage and set out on a mission to answer a simple but beguiling question: is it possible to happily ride a bike in winter? That question took him places he never expected. Over years of trial and error, research and more than his share of snow and ice, he discovered an unknown history of biking for snow and ice, and a new generation designed to make riding in winter safe and fun. He unearthed the world's most bike-friendly winter city and some new approaches to winter cycling from places all over the world. He also looked inward, to discover how the modern world shapes our attitudes toward winter. And perhaps most importantly, he discovered the unique kind of bliss that can only

come by pedalling through softly falling snow on a quiet winter night. These are the best bikes to be found anywhere right now, giving every kind of cyclist an overview of what is out there. Whether a BMXtreme or mountain bike enthusiast, a keen tourer or racer, a city commuter or courier, or simply fascinated with the constantly advancing mechanics and engineering of folding and other innovative bike designs, this book has something for you. The bikes on display come from across Europe, East and South Asia and North America, not to mention examples from the southern hemisphere. The major bike manufacturers like Boardman, Giant and Fuji are of course featured, but also more maverick material from Biomega, Calfee and Daymak. 100 Best Bikes is the essential resource for anyone wanting to know about the best in design and engineering for every kind of bike. How to make city cycling--the most sustainable form of urban transportation--safe, practical, and convenient for all cyclists. Cycling is the most sustainable mode of urban transportation, practical for most short- and medium-distance trips--commuting to and from work or school, shopping, visiting friends, going to the doctor's office. It's good for your health, spares the environment a trip's worth of auto emissions, and is economical for both public and personal budgets. Cycling, with all its benefits, should not be reserved for the fit, the spandex-clad, and the daring. Cycling for Sustainable Cities shows how to make city cycling safe, practical, and convenient for all cyclists. The nineteenth century's "mechanical horse" offered an exciting new world of transportation for all and ushered in an era of changes that resonates to the present day, changes cataloged and described in a fascinating history of an engineering marvel. Velo 4th Gear continues the celebration of the bicycle and its ongoing (r)evolution, because cycling is far more than just an eco-friendly connection from A to B. "Based on his popular series in the New York Times chronicling his cross-country bicycle trip, bestselling author Bruce Weber shares his adventures from his solo ride

across the USA. Riding a bicycle across the US is one of those bucket-list goals that many dream about but few achieve. Bestselling author and New York Times reporter Bruce Weber made the trip, solo, over the summer and fall of 2011--at the age of fifty-seven. Expanding upon his popular series published in The New York Times, Life Is a Wheel is the witty and inspiring account of his journey, where he extols the pleasures of cycling and reflects on what happened on his adventure, in the world, in the country, and in his life. The story begins on the Oregon coast with a middle-aged man wondering what he's gotten himself into and ends in triumph on the George Washington Bridge, wondering how soon he might try it again. Part travelogue, part memoir, part paean to the bicycle as a simple and elegant mode of both mobility and self-expression--and part wry and panicky account of a fifty-seven-year-old man's attempt to stave off mortality--Life Is a Wheel is an elegant and entertaining escape for any armchair traveler"-- A new way forward for sustainable quality of life in cities of all sizes Strong Towns: A Bottom-Up Revolution to Build American Prosperity is a book of forwardthinking ideas that breaks with modern wisdom to present a new vision of urban development in the United States. Presenting the foundational ideas of the Strong Towns movement he co-founded, Charles Marohn explains why cities of all sizes continue to struggle to meet their basic needs, and reveals the new paradigm that can solve this longstanding problem. Inside, you'll learn why inducing growth and development has been the conventional response to urban financial struggles—and why it just doesn't work. New development and high-risk investing don't generate enough wealth to support itself, and cities continue to struggle. Read this book to find out how cities large and small can focus on bottom-up investments to minimize risk and maximize their ability to strengthen the community financially and improve citizens' quality of life. Develop in-depth knowledge of the underlying logic behind the "traditional" search for never-ending urban growth

Learn practical solutions for ameliorating financial struggles through low-risk investment and a grassroots focus Gain insights and tools that can stop the vicious cycle of budget shortfalls and unexpected downturns Become a part of the Strong Towns revolution by shifting the focus away from top-down growth toward rebuilding American prosperity Strong Towns acknowledges that there is a problem with the American approach to growth and shows community leaders a new way forward. The Strong Towns response is a revolution in how we assemble the places we live. "This book explores how bicycle infrastructure planning, once a fringe concern of progressive environmentalism, has become a key horizon of urban development. Using case studies from San Francisco, Oakland, Detroit, and Philadelphia, it shows how bicycling has been redefined as critical to the competitive 21st century city, reinscribing race and class inequalities in mobility in the process"-- A book like no other, Paul Fournel's Need for the Bike conducts readers into a very personal world of communication and connection whose center is the bicycle, and where all people and things pass by way of the bike. In compact and suggestive prose, Fournel conveys the experience of cycling--from the initial charm of early outings to the dramas of the devoted cyclist. An extended meditation on cycling as a practice of life, the book recalls a country doctor who will not anesthetize the young Fournel after he impales himself on a downtube shifter, speculates about the difference between animals that would like to ride bikes (dogs, for instance) and those that would prefer to watch (cows, marmots), and reflects on the fundamental absurdity of turning over the pedals mile after excruciating mile. At the same time, Fournel captures the sound, smell, feel, and language of the reality and history of cycling, in the mountains, in the city, escaping the city, in groups, alone, suffering, exhausted, exhilarated. In his attention to the pleasures of cycling, to the specific "grain" of different cycling experiences, and to the

inscription of these experiences in the body's cycling memory, Fournel portrays cycling as a descriptive universe, colorful, lyrical, inclusive, exclusive, complete. The book Bike City Amsterdam, How Amsterdam became the cycling Capital of the World, by Fred Feddes and Marjolein de Lange, is the first comprehensive inside history of sixty years of successful bicycle activism, policy and culture in Amsterdam. As any visitor knows, the bicycle is omnipresent in the streets of Amsterdam, in the rhythm of its people's lives, and in the city's image. To many outsiders, Amsterdam comes close to being a cyclist's paradise. It wasn't always that way. As in many other cities, bicyclists came under pressure due to the rapid increase of car traffic in the 1960s. It was through a unique combination of grassroots activism and municipal policy, supported by advantageous circumstances and driven by smartness and perseverance, that the bicycle managed to make an astounding comeback. Bike City Amsterdam recounts the story of this long-term transformation of a city that made way for the bicycle, while the bicycle in turn helped make the city liveable again. It highlights the accomplishments of the bicycle city, as well as its setbacks and its counterforces. Its story ranges from the everyday bicycling culture, to policy choices and street design, to the notorious battle for the Rijksmuseum bicycle passageway. Written from the inside, Bike City Amsterdam acknowledges the uniqueness of the Amsterdam bicycle city, but it does so without romanticizing, analyzing its success with a keen eye on all its imperfections. By telling a detailed case history of Amsterdam, it allows its international readers to distinguish the universal lessons from the local specifics, and to draw inspiration from both. Finally, it looks ahead to the next half century in which Amsterdam can contribute to tackling global urban issues as a 'bicycle laboratory'. More information on: https://bikecityamsterdam.nl The world is rediscovering the bicycle as a multi-pronged solution to acute, 21st-century problems, including affordability, obesity,

congestion, climate change, inequity, and social isolation. The Netherlands has built an accessible cycling culture that cities around the world can learn from. Chris and Melissa Bruntlett share the incredible success of the Netherlands through engaging interviews with local experts and stories of their own delightful experiences riding in five Dutch cities. Building the Cycling City examines the triumphs and challenges of the Dutch while also presenting stories of North American cities already implementing lessons from across the Atlantic. Discover how Dutch cities inspired Atlanta to look at its transit-bike connection in a new way and showed Seattle how to teach its residents to realize the freedom of biking, along with other encouraging examples. Evan Friss traces the colorful and fraught history of bicycles--and bicyclists--in New York City. He uncovers the bicycle's place in the city over time, showing how the bicycle has served as a mirror of the city's changing social, economic, infrastructural, and cultural politics. NEW YORK TIMES EDITORS' CHOICE • A panoramic revisionist portrait of the nineteenth-century invention that is transforming the twenty-first-century world "The real feat of this book is that it takes us on a ride—across the centuries and around the globe, through startling history and vivid first-person reporting."—Patrick Radden Keefe, New York Times bestselling author of Empire of Pain The bicycle is a vestige of the Victorian era, seemingly at odds with our age of smartphones and ridesharing apps and driverless cars. Yet we live on a bicycle planet. Across the world, more people travel by bicycle than any other form of transportation. Almost anyone can learn to ride a bike—and nearly everyone does. In Two Wheels Good, journalist and critic Jody Rosen reshapes our understanding of this ubiquitous machine, an ever-present force in humanity's life and dream life—and a flash point in culture wars—for more than two hundred years. Combining history, reportage, travelogue, and memoir, Rosen's book sweeps across centuries and around the globe, unfolding the bicycle's saga from its invention in 1817 to

its present-day renaissance as a "green machine," an emblem of sustainability in a world afflicted by pandemic and climate change. Readers meet unforgettable characters: feminist rebels who steered bikes to the barricades in the 1890s, a prospector who pedaled across the frozen Yukon to join the Klondike gold rush, a Bhutanese king who races mountain bikes in the Himalayas, a cycle-rickshaw driver who navigates the seething streets of the world's fastest-growing megacity, astronauts who ride a floating bicycle in zero gravity aboard the International Space Station. Two Wheels Good examines the bicycle's past and peers into its future, challenging myths and clichés while uncovering cycling's connection to colonial conquest and the gentrification of cities. But the book is also a love letter: a reflection on the sensual and spiritual pleasures of bike riding and an ode to an engineering marvel—a wondrous vehicle whose passenger is also its engine. Bicycling is undergoing a renaissance in this country as millions of people are taking to the streets in this nostalgic, beloved pastime. From purchasing one's first bike to learning all its different components, Bicycling Big Book of Cycling for Beginners is the go-to guide for any beginning cyclist's collection. The vast territory of cycling and its facets will become a welcome terrain for any rider who wants to ride smarter, faster, and safer using this incredible wealth of knowledge. As the sales of new bicycles increase every year, these helpful tips will educate and inform beginning cyclists so they perform to the maximum potential, all while having fun. Trusted bicycle consultant Tori Bortman distills the essentials every beginning cyclist needs to know. She covers different types of rides, the components of bicycles, proper cycling clothing and equipment, basic road skills, nutrition, training, maintenance, and how to ride for a cause. She also explores how to approach cycling from the conceptual beginnings into tangible, real-time facts about riding as a new cyclist, as well as elaborating on the bountiful health benefits of cycling, including weight loss, stress

reduction, and boosted immunity. This is the ultimate guide to bicycling know-how for beginning cyclists.

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